

# Coaches Code of Conduct

**We believe that following a code of conduct aids in creating a positive, respectful and supportive environment for all parties involved.**

## 1 Great Coaching Practice

- Serving as positive role models, we cultivate respectful and trusting relationships with our gymnasts, centered on mutual respect and trust.
- We tailor all activities to align with the age, experience, and abilities of each gymnast, ensuring appropriateness and inclusivity.
- We maintain open communication with parents, ensuring they are informed of the coach working with their child and updated on their progress regularly.
- Collaborating with gymnasts and parents, we optimize their progression by setting clear goals and providing tailored support and guidance.
- We actively promote the positive aspects of the sport, instilling values of perseverance, teamwork, and sportsmanship.
- Encouraging a mindset of valuing progress, we empower our gymnasts to celebrate their achievements and strive for continuous improvement.

## 2 Positive Behaviour

- We are dedicated to ensuring that every gymnast leaves each session with a smile, feeling accomplished and improved from their previous training.
- Our focus remains on the progress and happiness of our gymnasts, fostering an environment of growth and positivity.
- Upholding standards of appropriate language and behavior, we maintain a professional and supportive environment for all.

## 3 Commitment to British Gymnastics' & Club's Values & Policies

- We Follow the Club Mantras and ensure these provide the basis for our coaching.
- We ensure all policies and procedures are followed at all times.

## 4 Wellbeing & Safety

- The well-being and safety of our gymnasts are paramount in all our actions and decisions.
- We create and maintain a safe space for gymnasts, implementing necessary welfare precautions and protocols.
- Any incidents are promptly reported, following established guidelines and procedures to ensure swift and appropriate resolution.
- Holding valid qualifications and insurance cover, we demonstrate our commitment to professional development and safety standards.
- We have pride in the cleanliness and tidiness of our facility, creating a welcoming and organized training environment.