

## **NWG Anti-Doping Policy**

This Anti-Doping Policy outlines our commitment to clean sport and fair competition. This policy aligns with British Gymnastics and UK Anti-Doping (UKAD) guidance and should be read in conjunction with our other club policies.

### **1. Policy Statement**

- We are committed to promoting a culture of clean sport and fair play.
- The use of prohibited substances or methods is strictly against the principles of gymnastics and the values of our club.
- All gymnasts, particularly those involved in squad or competitive pathways, are expected to comply with relevant anti-doping rules.

### **2. Education & Awareness**

- We support awareness of anti-doping rules and responsibilities.
- Gymnasts and parents/carers are encouraged to familiarise themselves with guidance provided by British Gymnastics and UK Anti-Doping.

### **3. Supplements & Medication**

- Gymnasts and parents/carers are responsible for checking that any medication or supplement complies with current anti-doping regulations where applicable.
- Advice should be sought from appropriate professionals if there is uncertainty.

### **4. Reporting Concerns**

- Any concerns relating to potential anti-doping breaches should be raised with club management or reported through appropriate governing body channels.

### **5. Monitoring & Review**

- This policy will be reviewed periodically to ensure alignment with British Gymnastics and UK Anti-Doping guidance.