

## **NWG First Aid Policy**

This First Aid Policy outlines how first aid provision is managed to ensure prompt and appropriate response to injury or illness. This policy aligns with British Gymnastics guidance and should be read in conjunction with our other club policies.

### **1. Policy Statement**

- We are committed to ensuring appropriate first aid provision is available during all sessions.
- The welfare of gymnasts, staff, and visitors is our priority in the event of injury or illness.

### **2. First Aid Provision**

- Qualified first aiders will be present during sessions.
- First aid kits are maintained, checked regularly, and replenished as required.
- Emergency contact details are accessible where required.

### **3. Responding to Injury or Illness**

- All injuries will be assessed by a qualified first aider.
- Parents/carers will be informed of any injury involving their child.
- Emergency services will be contacted where necessary.

### **4. Recording Incidents**

- All accidents and injuries will be recorded in accordance with club procedures.
- Records will be maintained securely in line with our Privacy Notice.

### **5. Monitoring & Review**

- This policy will be reviewed regularly to ensure it remains effective and compliant with relevant guidance.