

## **NWG Health and Safety Policy**

This Health & Safety Policy outlines our commitment to providing a safe and healthy environment for all gymnasts, staff, volunteers, parents, carers, and visitors. This policy aligns with British Gymnastics guidance and should be read in conjunction with our other club policies.

### **1. Policy Statement**

- The health, safety, and welfare of all individuals involved in our activities is our highest priority.
- We are committed to complying with relevant health and safety legislation and recognised best practice.
- We will take all reasonably practicable steps to minimise risks associated with our activities.

### **2. Responsibilities**

- The club is responsible for maintaining safe facilities, equipment, and systems of work.
- Coaches and staff are responsible for delivering sessions safely and following established procedures.
- Parents/carers must ensure gymnasts attend sessions fit to participate and follow club safety rules.
- Gymnasts are expected to behave responsibly and follow instructions at all times.

### **3. Risk Management**

- Risk assessments are conducted for activities, equipment, and the training environment.
- Identified risks are managed through appropriate control measures.
- Equipment is inspected regularly and maintained in safe working condition.

### **4. Safe Environment**

- Walkways and emergency exits must remain clear at all times.
- Spillages or hazards must be reported immediately.



- Appropriate signage and safety notices will be displayed where required.

## **5. Monitoring & Review**

- This policy will be reviewed regularly to ensure ongoing compliance and effectiveness.
- Updates may be made in response to changes in legislation or operational requirements.